

Santa Clara Senior Center *News*

May 2008



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City of Santa Clara Parks and Recreation Department
Senior Center
1303 Fremont St., Santa Clara, CA 95050
(408) 615-3170 • www.santaclaraca.gov



FEATURED APRIL EVENTS

Dixieland Jazz Workshop

Saturday, May 3 • 1:00-4:00 p.m.

Fee: \$10.00 Participants • Free to the Public

Musicians workshop, experience playing classic traditional Dixieland jazz music. The public is welcome to attend to enjoy an afternoon of music and dancing. This event is sponsored by the South Bay Traditional Jazz Society. For information call Jim Harget at (408) 483-7220 or log on to www.southbayjazz.org.

National Building Safety Week Workshops

Monday, May 5-11

As of January 2008, California has started enforcing a new set of building construction codes. Many citizens, contractors, and designers are not aware of all the new regulations and have questions regarding new codes. Santa Clara's Building Inspection Office will offer a number of free workshops on the new code regulations during Building Safety Week.

- May 6 – New Regulations on Electrical, Plumbing and Mechanical Codes.
- May 7 – New Regulations on Single Family Houses and Existing Commercial and Industrial Buildings.
- May 9 – New Regulations on Fire Safety and Tankless Water Heater Design.

Spaces for these workshops are limited. Workshops will be held at the Permit Center at 1500 Warburton Ave. from 3:00-5:00 p.m. *Please RSVP by May 2, 2008 by calling 615-2440.*

Six Week Pedometer Fitness Program

Kick Off May 14 • 1-4:00 p.m.

We'd like to encourage you to join this 6 week program. You'll be offered a pedometer, charts to track your goals and progress, nutritional adjustments, "happiness" assignments, accountability support and recipes, tips and information to improve your health and wellness and more. Hope to see you there.



Senior Center Lunch Special

Thursday, May 15 • 12:00-1:30 p.m.

Fee: \$5.00 per plate

May Lunch Special will be BBQ hamburgers, potato salad, dill pickle, and the fixin's. Just show up between 12:00-1:30 p.m. to enjoy this delicious lunch and socialize with friends. No advance sales please and we look forward to seeing you there.

Newcomers' Social

Thursday, May 15 • 10:30 a.m.

Welcome to the Santa Clara Senior Center. Please join us! This monthly meeting will introduce you to all the activities, programs and services, our Center has to offer. Our staff member will be happy to answer any questions you may have. A light refreshment will be served and a personalized tour of our facilities is included. *For more information call 408-615-3170.*

Tour Party Meeting

Wednesday, May 21 • 9:30 a.m.

Hawaii and Laguna Arts are our April feature tours. Living art under the stars, the Getty Museum, the Nethercutt Collection and Hearst Castle are included in the Laguna tour. The Hawaii Cruise includes ports of call at 4 islands over 7 days. We will also preview the upcoming day, overnight, and extended tours offered. *Call the Senior Center for more information at (408)615-3170.*

Relay for Life Fundraiser

May 17-18, 2008 • Buchser Middle School

The relay starts at 3:00 p.m. Saturday and continues Sunday at 10:00 a.m. Volunteers needed to participate in the relay as well help raise funds. The garage sale is May 2, 3, & 4th from 8:00-4:00 p.m., located at 2038 Warburton Ave., Santa Clara. All proceeds will be donated to the American Cancer Society. Donations accepted and welcome. For more information call Christine Rodriguez at (408) 615-8950.

Senior Advisory Commission Meeting

Meeting held the 4th Monday of the month. Open to the public. Meeting agendas are posted in the Senior Center lobby. Senior Commissioners are listed on the back page. *(No May Meeting.)*

ANNOUNCEMENTS

\$\$\$ Tips for Savings \$\$\$

Streak Free Windows Recipe

- c. ammonia
- c. white vinegar
- 2 TB corn starch

Add these ingredients to a bucket of warm water (about a gallon). Dip a clean rag or sponge in the water mixture, wipe down the window, wipe with a clean dry rag or squeegee off. Your windows have never had such a polished shine.

Men's League Luncheon

Thursday, May 22 • 10:30 a.m.

Luncheon tickets are only \$3.50 and must be purchased by Mon., May 19. It's not too late to join the Santa Clara Men's League. The annual fee is only \$8.00. Membership and luncheon tickets may be purchased at the Senior Center Office. *For more information please call 408-615-3170.*

Alzheimer's Support Group

2nd Tuesday of each month 7:00-8:30 p.m.

The Alzheimer's Caregiver Support Group is a group for families, friends and caregivers of persons suffering from Alzheimer's or a related disorder. This group provides a safe environment for people to express feelings, give and receive support, learn about Alzheimer's Disease, and to discover more effective ways of coping with and caring for AD patients.

Swim Meet Volunteers Needed

May 15th

George Haines International Swim Center for Olympic swim trial. Please contact JoAnn or Kimo at the Senior Center if you'd like to help.

Games, Games, Games!!!

Monday's & Wednesday's • 1:00-3:00 p.m.

Do you like to play games? This group plays all kinds of games; dominos, mexican train, dice, card games, board games and more. You name it, we'll play it. Meet in the auditorium at the Center.

Bridge Anyone

Wednesday's • 9:30-11:30 a.m.

Join our friendly group. If you haven't played for years come and we will refresh you. Call Betty at (408) 248-3952.

Pinochle Anyone

Are you interested in playing pinochle? We play pinochle every Tuesday from 12:00-3:00 p.m. and we're looking for new members. If you're interested in joining us please come to room 232 on the second floor.

Lawn Bowling

The Santa Clara Lawn Bowls Club invites and welcomes all Visitors to the Green at Central Park (off Patricia Drive next to the New Library). Instruction by appointment is free. *Call Coach Charles at 408-448-7439 or Frank at 408-246-6635.*

Lapidary

Lapidary Lab is now open two days a week on Thursdays and Fridays from 8:00-12:00p.m. Drop in and see the rough stones turn into beautiful pieces of art.

Wood Shop Open

The wood shop is open Tuesday's and Thursday's from 8:00 a.m.-12:00 p.m. If you have any projects, repairs, or ideas to share drop in and join the volunteers. Registration/Release is needed.

Walk and Talk

Wednesday's • 10:00 a.m.

Join us Wednesdays at 10:00 a.m. as we walk at our own pace through surrounding neighborhoods and socialize.

Notary By Appt.

One notarized signature is offered the second Monday of each month by Myra Brown. There is a \$10.00 charge for each additional signature. Call (408) 615-3170 for an appointment.

Fitness Room Use

In order to use the fitness center you must have a signed doctor's release. This form is available at the front desk. A non-resident may use the facility with the following conditions:

- A doctor must fill out a liability release form. (Form provided by the Center).
- You must be accompanied by a resident and there is a \$10.00 daily fee.

ANNOUNCEMENTS

Fitness T Shirts for Sale

Fee: \$12 each

The Senior Center is offering fitness T-Shirts. The sizes Medium-2XX large for only \$12. We have three colors to choose from: forest green/white, gray w/white, and blue w/white. They have the City of Santa Clara logo on the front left corner. They'll make great gifts.

Join the Vintage Softball Club

The Vintage Softball Club of Santa Clara County offers men and women over 50 years of age the opportunity to play slow pitch softball year round. The FUN Division, for the players over 60, plays Monday and Wednesday mornings. There are also Tuesday, Thursday, and Saturday leagues. *For more information or to join the Vintage Softball Club call Frank at 408-984-0593 or go to the website at www.seniorsoftballsanjose.com.*

Nursing Consultation Office Visits

This program is a nursing service providing health information, education, and assessment without charge to our seniors. It is an adjunct to the care given by the senior's own private physician. The program includes office visits for blood glucose and blood pressure monitoring, as well as, assessment and advice regarding health related concerns. Tucked in an office up on the second floor of the Senior Center, two nurses share an office. They are available by appointment Monday, Tuesday, Thursday and Friday each week for consultation regarding medications, health information, and blood pressure and blood sugar readings. They are there to provide information that compliments what your doctor provides about your health condition. *Appointments can be made by phone or in person at the front desk at the Senior Center. Call (408) 615-3170.*

Help at Home

Did you know the Santa Clara Senior Center maintains a registry of homecare workers? We offer a unique service that involves matching pre-screened workers with seniors who need help in their homes. Help needed can range from light housekeeping and shopping to personal care and companionship. Our workers charge \$14.50 per hour to start with a minimum of 3 hours twice a month. We also have workers available for live-in help. Live-ins charge \$150 per 24-hour period to start. *For more information, contact the Senior Center by calling (408) 615-3170 and ask for Susan. Susan's hours are Mon.-Thurs., 10:00 a.m.-2:30 p.m.*

Health Insurance Counseling Services

The Santa Clara County Health Insurance Counseling and Advocacy Program (HICAP) administered by the Council on Aging is available by appointment. Free HICAP services are offered with a trained volunteer counselor who provides assistance and information on Medicare, Medicare supplemental policies, billing problems, and HMO'S. You can call the Council on Aging for long term care insurance. *To schedule an appointment call the Center office at (408) 615-3170.*

SALA Appointments

Free legal assistance for certain types of civil legal matters is available at the Center by appointment. You must be 60 years or older and a resident of Santa Clara County. A handout, Do I Have The Kind Of Legal Problem SALA Can Help Me With, is available at the Center office. Pick up and read a copy of the handout BEFORE making an appointment in order to maximize the chances that SALA will be able to help with your legal problems. *If you have any questions or would like to make an appointment, please call the Center office at (408) 615-3170.*

AARP Driver Safety Program

The Santa Clara Senior Center will host the AARP Driver Safety Program. Upon completion of this course, two-4 hour classes, you will receive a certificate of completion. Completion of this course automatically makes you eligible for a reduced insurance rate. The class will take place on June 7 & 14, 2008. This class will be held at the Santa Clara Senior Center, 1303 Fremont St., Santa Clara from 9:00 a.m.-1:00 p.m. The course fee is \$10 per person. Class size is limited. *The class is open to anyone 50 years of age or older. If you would like more information, please call (408) 615-3170 or stop by the front desk to pick up an application.*

VTA Photo ID Card Issued

VTA staff will visit the Santa Clara Senior Center on Thursday, May 29 from 10:00 a.m.-12:00 p.m. No appointment is necessary. Applications will be accepted for the RTC Discount Card, photos taken and questions answered regarding this program. RTC Discount Cards are mailed to qualified applicants within 30 days after the central office verifies your eligibility. *The cost of the RTC Card is \$3. For additional information, contact VTA Customer Service at (408) 321-2300.*

ANNOUNCEMENTS

Senior Center Dance Schedule

Dancing is fun and an excellent form of exercise. It also affords opportunities to meet other people. *The May Dance Lesson is the Cha Cha held from 6:30-7:30.* Dances are held at 1303 Fremont St., Santa Clara. The schedule for Ballroom Dancing is:

TGA Tuesday Night Ballroom Dancing

7:30-10:30 p.m.

Live Band:

\$5.00 / D. J.: \$4.00

Refreshments •

No Partners Needed

Dance lessons are from 6:30-7:30 p.m.

May 6 Nob Hill Sounds

May 13 Casuals-Theme-Western Night

May 20 Nob Hill Sounds

May 27 D.J., Lina Jones

Thursday Night Dance

7:30-10:30 p.m.

Live Band: \$5.00 / D.J. \$4.00

May 1 Serenaders

May 8 Geri Foley, D.J.

May 15 Casuals

May 22 Nob Hill Sounds

May 29 Lyratones, Intermission Geri Foley D.J.
Case Management Fundraiser

Dance lessons will be coming soon to the Thursday Night Dances. Look for more information at the Center.



Adult Education Classes

New term started February 25

Adult Education is offering a variety of water exercise classes: AiChi, Arthritis, Beginning Conditioning, Low Back, and Post Stroke. In addition to water exercise classes Adult Education is offering a variety of other classes at the Senior Center. i.e. Oil Painting. To register you must sign up through the Adult Education Center, 1840 Benton St., Santa Clara. Registration and payments are made to the Adult Education Center and classes are held at the Senior Center. For class listings look for the Adult Education catalog in the mailbox or ask for one at the Senior Center office.

Homeowners & Renters Assistance

The State of California will refund a portion of the taxes you paid in 2007 as part of your rent or property taxes if you qualify. You must reapply for this rebate each year to verify eligibility.

Who Qualifies?

- Must be a U.S. citizen or a designated alien or a qualified alien.
- Age 62 or blind or disabled.
- Household income must be under \$40,811.00 or less, including SSA, SSI, Etc.
- Lived in a qualified rented residence and paid \$50.00 for rent.
- Owned and occupied a home in CA since December 31, 2007 as principal place of residence.

What to bring for your appointment:

- Proof of age (driver's license will work).
- Proof of disability or blindness (if this is the first year you are filing).
- Current property tax bill (2007-2008).
- Certificate of title/registration for a mobile home.
- Landlord information (if you are renting).
- Last year's federal tax return or your income information for the past year.
- Prior year's claim of Homeowner's and Renter's Assistance.

This service will be offered every Tuesday and Thursday, beginning July 1 through October 9, 2008, from 9:00-12:00 p.m. Please call the Center office at 408-615-3170 to schedule your appointment beginning June 1, 2008.

Stimulus Payment

You may be eligible for a \$300 stimulus check from the government. In order to qualify you must file before October 15, 2008. If you have not filed your 2007 federal taxes please call the Center front desk at 408-615-3170 for more information.

LUNCHTIME NUTRITION PROGRAM

Nutrition Program Menu

You must be 60 years of age or older and a two day advanced reservation necessary. Call Angie Sivila at (408) 615-3174 for more information. \$2.00 or donation. **Lunch is served Monday-Friday at 11:30 a.m.**

Week of April 28-May 2

Monday 4-28 Spaghetti w/Meatballs, Garlic Bread, Steamed Spinach, Romaine Iceberg Salad, & Chilled Pears.

Tuesday 4-29 Honey Mustard Chicken, Whole Grain Bread, Broccoli Cuts, Pineapple Raisin Salad, & an Oatmeal Cookie.

Wednesday 4-30 Baked Fish w/Tartar Sauce, Herb Rice, Asian Blend Vegetables, Country Coleslaw, and Fruited Gelatin.

Thursday 5-1 Roast Turkey w/Gravy, Minestrone Soup, Whipped Potatoes w/Gravy, Mixed Vegetables, Whole Grain Bread and Mixed Fruit Crisp. High Sodium

Friday 5-2 Baked Ham w/ Mustard Sauce, Baked Red Potatoes, Normandy Blend Vegetables, Rye Bread, Fruit Juice and Gingerbread Cake w/ Whipped Topping. High Sodium

Alternative menu for this week: Chinese Chicken Salad or Vegetarian Bean Salad or Turkey Sandwich.

Week of May 5-9

Monday 5-5 Beef Enchilada w/Cheese, Lettuce & Tomato Salad, Refried Beans, Spanish Rice, and Fruit Juice. High Sodium

Tuesday 5-6 Baked Beef Rigatoni, Steamed Spinach, Garden Vegetable Salad, Whole Grain Roll and Banana Pudding.

Wednesday 5-7 Oven Baked Chicken, Mixed Bean Medley, Pineapple Slaw, Rotini Noodles and Fresh Fruit in Season.

Thursday 5-8 Stuffed Green Peppers, Broccoli Cuts, Blushing Pear Salad, Dinner Roll and Frosted Spice Cake.

Friday 5-9 Baked Fish w/Lemon Sauce, Oven Baked Red Potato, Cream of Broccoli Soup, Green Peas, Fruit Juice and a Sugar Cookie.

Alternative menu for this week: Beef Taco or Vegetarian Cottage Cheese Salad or Roast Beef Sandwich.

Week of May 12-16

Monday 5-12 Veal w/Scallopini Sauce, Whole Grain Bread, Italian Blend Vegetables, Whole Kernel Corn, and a Fresh Orange.

Tuesday 5-13 Italian Herb Chicken, Seasoned Brown Rice, California Blend Vegetables, Cucumber, Tomato, Onion Salad, Whole Grain Roll and Fresh Fruit in Season.

Wednesday 5-14 Beef Mushroom Patty, Whole Grain Bread, Whipped Potatoes w/Gravy, Cabbage & Carrots and Apple Crisp.

Thursday 5-15 Roast Pork w/Applesauce, Bread Dressing, Glazed Yams, Garden Vegetable Salad and Pineapple Tidbits.

Friday 5-16 Meatloaf w/Creole Sauce, Split Pea Soup, Whole Grain Roll, Oven Baked Red Potato, Mixed Vegetables and Tangerine or Orange. High Sodium.

Alternative menu for this week: Chef Salad or Vegetarian Cottage Cheese or Ham Sandwich.

Week of May 19-23

Monday 5-19 Baked Fish w/Tarter Sauce, Seasoned Brown Rice, Fruit Salad, California Blend Vegetables and a Chocolate Cookie.

Tuesday 5-20 Stuffed Cabbage Roll, Whole Grain Bread, Capri Blend Vegetable, Romaine Iceberg Salad, and an Orange.

Wednesday 5-21 Chicken w/Supreme Sauce, Whole Grain Bread, Parslied Potatoes, Broccoli & Cauliflower, and Fresh Fruit in Season.

Thursday 5-22 Hot Roast Beef Sandwich w/Gravy, Cream of Mushroom Soup, Whipped Potatoes w/Gravy, Broccoli Cuts and Fruit Cocktail. High Sodium

Friday 5-23 Chicken and Biscuit, French Cut Green Beans, Citrus Blend Salad and Sherbet.

Alternative menu for this week: Cobb Salad or Vegetarian Bean Salad or Turkey Sandwich.

Week of May 26-30

Monday 5-26 Memorial Holiday No Nutrition Meal

Tuesday 5-27 Orange Glazed Chicken, Vegetable Soup, Brown Rice Pilaf w/Mushrooms, Broccoli Cuts, Citrus Salad, & and Ice Cream Cup.

Wednesday 5-28 Pork Cutlet w/Gravy, Seasoned Noodles, Calif. Blend Vegetables, Garden Vegetable Salad, & an Applesauce.

Thursday 5-29 Roast Turkey w/Gravy, Whole Grain Roll, Whipped Potatoes w/Gravy, Mixed Vegetables, & Mandarin Oranges.

Friday 5-30 Baked Fish w/Tartar Sauce, Whole Grain Bread, Peas & Onions, Escalloped Tomatoes, & Sliced Peaches.

Alternative menu for this week: Tuna Salad or Vegetarian Cottage Cheese Salad or Roast Beef Sandwich.

POOL SCHEDULE

Please bring your fitness card with you each time you come to work out or swim, as the attendant will ask for it upon sign in.

A blue fitness card is required by all participants in order to use the fitness room and pools.



Lap Pool Schedule

Open to seniors of the City of Santa Clara. Lap pool will be limited to 6 swimmers per lane in each session.

Lap Pool Schedule					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open 7:00am-1:30pm	Open 7:00am-1:30pm	Open 7:00-10:00am	Open 7:00am-1:30pm	Open 7:00-10:00am	
		Closed for Class 10:00-11:00am		Closed for Class 10:00-11:00am	Open 8:00am-1:30pm
		Open 11:00am-1:30pm		Open 11:00am-1:30pm	
Closed for Maintenance 1:30-3:00pm	Closed for Maintenance 1:30-3:00pm	Closed for Maintenance 1:30-3:00pm	Closed for Maintenance 1:30-3:00pm	Closed for Maintenance 1:30-3:00pm	
Open 3:00-6:30pm	Open 3:00-6:30pm	Open 3:00-6:30pm	Open 3:00-6:30pm	Open 3:00-4:30pm	

Warm Water Pool Schedule					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open 7:00-9:00am	Open 7:00-9:00am	Open 7:00-9:00am	Open 7:00-9:00am	Open 7:00-9:00am	
Class	Class	Class	Class	Class	
Class	Class	Class	Class	Class	
Class	Class	Class	Class	Class	Open 8:00am-1:30pm
Open 12:30-1:30pm	Open 12:30-1:30pm	Open 12:30-1:30pm	Open 12:30-1:30pm	Open 12:30-1:30pm	
Closed for Maintenance 1:30-3:00pm	Closed for Maintenance 1:30-3:00pm	Closed for Maintenance 1:30-3:00pm	Closed for Maintenance 1:30-3:00pm	Closed for Maintenance 1:30-3:00pm	
Class 3:00-4:15	Class 3:00-4:15	Class 3:00-4:15	Class 3:00-4:15	Class 3:00-4:15	
Open 4:15-6:30pm	Open 4:15-6:30pm	Open 4:15-6:30pm	Open 4:15-6:30pm	Open 4:15-4:30pm	

TOURS

BUS GRATUITITES ARE COSTED IN ON ALL TOURS

Attention Tour Participants: When possible, please try to carpool to the Senior Center when going on a tour. Our new Center is attracting an increased number of participants which means parking is at a premium. Any and all help to lessen the impact of parking is appreciated.

Day Tours Still Open

Jackson Casino, Wednesday, May 14

Giants vs. Houston, Thursday, May 15

Anheuser Busch/Jelly Belly Factory,
Thursday, May 29 • *Reduced Price!*

Pirates of Penzance/Scott's Seafood,
Sunday, June 29

Santa Cruz Follies, Wednesday, September 10

Limited Space available on these tours.

Day Tours:

Pt. Lobos • New

June

Watch our tour board for this wonderful trip. Enjoy a day in beautiful Pt. Lobos State Park. Finish your afternoon with a meal at Phil's Fish Market. Don't miss a day in the great outdoors!

Black Oak • New

Wednesday, June 4

Fee: \$30.00 pp

Featuring over 1,000 slots, 24 tables and 7 bars and restaurants, Black Oak Casino in Tuolumne, California, favorite location for gamers. You'll have 4 hours to enjoy the many opportunities presented here. The bonus is \$5, with \$5 match and coupons. Please remember your valid photo ID to receive your bonuses, jackpots and rewards. *Bus leaves the Center at 7:30 a.m. and returns around 6:00 p.m.*

Safari West • New

Tuesday, June 10

Fee: \$80.00 pp

Get ready for a wild ride! Visit our own "Serengeti" at Safari West wildlife park in Santa Rosa. The tour includes a ride aboard our own "African Queen", exploring on foot, and a BBQ lunch. Don't forget your cameras and binoculars! *Bus leaves at 9:00a.m. and return around 6:00p.m.*

Chukchansi • New

Wed.-Thurs., July 23-24, 2008

Fee: \$129.00 pp D • \$179.00 pp S

Relax at Chukchansi Gold Resort. This easy one day up, one day back trip allows plenty of time to test your luck at Chukchansi Gold Casino. \$10 slot play and \$10.00 food credit. *Bus leaves the Senior Center at 8:00a.m. and returns around 2:30p.m.*



Santa Cruz Follies • New

Friday, Sept. 12

Fee: \$58.50 pp

"Lullaby of Broadway" is this year's theme as Santa Cruz Follies starts their second 50 years of entertainment. We will enjoy lunch at historic Cocoanut Grove. The meal will include, La Selva Chicken, mashed potatoes, roasted beets & carrots, fresh roll, lemon tart and a beverage. *Bus leaves the Center at 9:30a.m. and returns around 4:45p.m.*

Extended Tours:

Visit our front desk for information flyers on all these tours:

Canada

Wed.-Fri., June 11-20, 2008

Fee: \$3200.00 pp D • \$3510.00 pp S

Deposit: \$300.00 pp

You'll be spending 9 nights discovering the beauty of Canada. Three night in Banff & 6 nights in Cardston. Twenty meals are included, admission to included attractions and more. *This tour has limited space.*

TOURS

TRAVEL INSURANCE OFFERED SEPERATELY ON ALL EXTENDED TOURS.

Pageant of the Masters/Laguna Art Festival

Wed.-Sun., July 16-20, 2008

Fee: \$925.00 pp D • \$1180.00 pp S

Deposit w/out insurance \$100.00 pp

The final payment is due May 30.

Experience the spectacular Pageant of the Masters, where characters from famous masterpieces are portrayed live before your eyes in an open air amphitheater. This multifaceted trip also includes tours of Laguna Hills, Beverly Hills, the Getty Museum, the Nethercutt Collection and Hearst Castle. *Travel insurance may be purchase within 14 days of deposit.*

Washington D.C. & Williamsburg

Thurs.-Wed., October 16-22, 2008

Fee: \$1989.00 pp D • \$2489.00 pp S

Deposit: \$429.00 pp • Final: August 8, 2008

This 7 day tour combines sightseeing, history and patriotism. War Memorials, Capitol Hill, Smithsonian, Mount Vernon and Monticello are just a few of the stops. Experience our nation's capitol at the height of the elections.



Branson Musical Holiday

Tues.-Sat., Nov. 4-8, 2008

Fee: \$1639.00 pp D • \$1889.00 pp S

Deposit \$160.00 • Final: Sept. 4, 2008

Experience the holiday season at it's best with "Mr. Christmas" himself, Andy Williams. Enjoy an electrifying performance by one of Branson's most popular performers, Shoji Tabuchi. Watch an 1892 Christmas unfold before you in Silver Dollar City. Awaken your holiday spirit with the wonderful sights and sounds of Branson.

San Antonio & Dallas New Year

Sun.-Fri., Dec. 28, 2008-Jan. 2, 2009

Fee: \$1999.00 pp D • \$2449.00 pp S

Deposit \$100.00 • Final: Oct. 28, 2008

Everything's bigger in Texas! That includes a grand New Year's Celebration. Spend 3 days in the great city of San Antonio, often referred to as "American Venice". Celebrate New Year's with a dinner/dance and live entertainment at the Gaylord Texan Hotel. New Year's Day offers a city tour of the Dallas/Ft. Worth. The farewell dinner is at an authentic dude ranch. A great way to end your vacation in true Texas style!

Hawaii Cruise (Valentine's Day)

Sat.-Sat., Feb. 14-21, 2009

Fee: \$2510.00 pp Cat. K Inside • \$2915.00 pp Cat.

CC Outside \$3009.00 pp Cat. BE Balcony Based on double occupancy • Deposit w/out insurance \$300.00 pp • Final: Nov. 10, 2008

This Hawaii tour includes round trip tickets and 7 nights aboard the Pride of America. You will have port stops in Hilo, Maui, Kona and Kauai. On board ship gratuities and included. Travel insurance may be purchase within 14 days of deposit.

***OCCURS ONLY ONCE
EVERY 10 YEARS!!***

Oberammergau Passion Play

June 9-19, 2010

Fee: \$3995 pp D • \$4361.00 pp S

Deposit: \$200.00 pp

Sign ups accepted on an individual basis.

The quaint village of Oberammergau is world famous for its spectacular Passion Play, performed by locals just once a decade. This tour also features stops in Munich, Salzburg and Vienna. Don't miss this amazing opportunity!

SANTA CLARA SENIOR CENTER SERVICES
1303 Fremont St., SANTA CLARA, CALIFORNIA 95050
Phone: (408) 615-3170

Senior Center Staff

Katy Carter-Director
 Suzanne Avina
 Tito Balan
 Phil Bates
 Susan Bates
 Amber Blazek
 Jessica Carter
 Judy Dawson
 Diane Dobbins
 Marian Ecklund
 Cheryl Evatt
 Barbara Fritch
 Francisco Hernandez
 Christine Martinez
 Carolyn McAllister
 Terry Pellegrini
 Angie Sivila
 Moontha Souvanheune
 Nancy Velasco
 John Zegelin

Senior Advisory

Commission

Doris Modesitt, Chairperson
 Anne Creighton
 Patrick Driscoll
 Foster Lopes
 Ed Murphy
 Alice Pivacek
 Frank Kadlecek

The Senior Center Office

Hours are as follows:

Mon-Thurs • 7:00 AM -7:00 PM

Friday • 7:00 AM-5:00 PM

Saturday • 8:00 AM-2:00 PM

Sunday • Closed

Holiday

Monday, May 26 Memorial Day

Blood Pressure	Drop in-Wed. 9:30-11:30 a.m. Mon., Tues., Thur., & Fri., By appointment.
BART Tickets	Available at Senior Center • Cost: \$9 • Value: \$24
VTa Bus Pass	Picture taken at County Transit & Senior Center \$20 Monthly Bus Sticker • Sold at Senior Center
Case Management	Council on Aging Call (408) 296-8290
Fitness Room	Monday-Thursday 7:00 a.m-6:30 p.m Fri. 7:00 a.m-4:30 p.m Saturday 8:00 a.m-1:30 p.m
Grab Bars/Ramps/Repairs	Low-interest Rate City of Santa Clara Homeowners Call (408) 615-2490
Health Insurance Medicare	Barbara Purdy By appt. • Free Service Call (408) 615-3170
Home Care Info./ Referral Service	Susan Bates Scheduled hrs. • Donations Accepted Call (408) 615-3170
Income Tax	Scheduled Appointments • Free Service Call (408) 615-3170
Legal Assistance	Age Limit: 60+ • By appt. only Call (408) 615-3170
Notary Service	Second Mondays • By appt. only Call (408) 615-3170
Nursing Assessment for Homebound	Free Service • by Appt. Call (408) 615-3170
Nursing Consultant	Mon., Tues., Thurs., & Fri. Suzanne Avina, R.N., Marian Ecklund, R.N. By appt. only Call (408) 615-3170
Nutrition Program	Donation \$2 • Mon.-Fri., 11:30 a.m Reservations Req. Call (408) 615-3174
Outreach Transportation	Free Information Service (408) 436-2865
Catholic Charities	Housing Call (408) 325-5277
Lifeline	1-888-669-2273
Library Delivery Homebound	(408) 615-2916